

ROOM RATES

SINGLE OCCUPANCY PER NIGHT

Standard	€	200
Comfort	€	250
De luxe	€	370
Junior suite	€	530
Suite	€	890

DOUBLE OCCUPANCY PER PERSON AND NIGHT

Comfort	€	170
De luxe	€	260
Junior suite	€	330
Suite	€	490
Additional bed (available for Comfort category and above)	€	130

VILLA OCCUPANCY PER NIGHT

Villa, ground floor (dedicated jetty)	€	1.300
Villa, upper floor	€	1.000
Villa, whole		
187 m² and dedicated jetty	€	2.200

Included services
- Customized nutrition plan based on Modern Mayr Medicine
- Mineral water and teas
- Daily support programme
- Slippers and spa tote
- High quality water bottle
- Free use of all wellness areas (in- and outdoor sauna, steam baths, swimming pool, gym etc.)
We will suply you a bathrobe during your visit.
Not included:
local tax (€ 2,10 per person/day), medical services & beauty treatments

Please note that a stay at the VIVAMAYR Maria Wörth is only possible under medical supervision and in combination with medical services. In order to ensure the best outcome for your stay in terms of health benefits, the following medical services are mandatory for all guests:

1 initial medical check-up	€	175
1 final medical check-up	€	175
Daily medical abdominal treatment (except Sunday)	€	80 (per day)
1 muscle function test according to Applied Kinesiology	€	175

Arrival from 3 pm, departure by 12 pm.  
Late check-out (until 5 pm) or early check-in available with 50% of the room rate.

**Terms of payment**  
A deposit is not required. The invoice total is payable at check-out by credit card or EC card. Furthermore, we need the details of your credit card. We regret that we cannot grant any price reduction in case of delayed arrival or premature departure. The invoice total is payable at check-out by credit card or EC card.

Should you prefer to make a banktransfer the amount needs to be in our bank before your departure.

**Cancellation policy**  
1 month before arrival: 40% + planned medical services  
1 week before arrival: 70% + planned medical services  
3 days before arrival: 90% + planned medical services

**Inquiries & Bookings**  
office@viva-mayr.com or +43 (0) 4273/ 31117

PRICE LIST FOR MEDICAL TREATMENTS

TREATMENTS PROVIDED BY A PHYSICIAN

Initial medical check-up	30 min	€	175
	60 min	€	350
Final medical check-up	30 min	€	175
	60 min	€	350
Functional Myodiagnostic / Applied Kinesiology test	30 min	€	175
Medical manual abdominal treatment	15 min	€	80
Manual diagnostics & therapy	30 min	€	175
Medical consultation	30 min	€	175
Heart rate variability measurement	24 hrs	€	295
VIVAMAYR stress test with medical consultation		€	180
Abdominal ultrasound		€	190
Vascular ultrasound		€	190
Thyroid ultrasound		€	95
Emotional detoxification	60 min	€	190

MASSAGES

Massage	25 min	€	45
Massage	50 min	€	85
Shiatsu treatment	50 min	€	125
Craniosacral therapy	50 min	€	140
Osteopathy	50 min	€	140
Feldenkrais®	50 min	€	125

HYDROTHERAPEUTIC TREATMENTS

Hydroxeur/ range of herbal baths	15 min	€	42
Vino Forming treatment	60 min	€	92
Junge Bath/Oil dispersion bath	20 min	€	57
Soft pack/Moor pack	20 min	€	49
Electrolysis footbath	20 min	€	49
Medical coloured light therapy	20 min	€	45
SalinAir inhalation booth	20 min	€	29
Nasal reflex zone therapy acc. to Röder	15 min	€	20
Steam lounge	60 min	€	49

**Medical treatments / Cosmetic treatments:**  
Medical treatments are scheduled exclusively following a medical consultation and in concert with the guest. In order to cater for your individual requirements, your treatments from the following list will be prescribed on a one-on-one basis. Please note that we are unable to vouchsafe for the availability of particular physicians and therapists. You will be invoiced for appointments that were not cancelled by 4pm on the preceding day. This price list contains only an overview of our services and offers as our range is continuously being extended and reviewed.

**Laboratory tests:**  
Allergy diagnostics, heavy metal analysis, genetic and other individual laboratory tests will be invoiced separately and at cost. Please note that external laboratory tests may incur mailing expenses.

MOVEMENT- AND TRAININGTHERAPIES

Individual training session	30 min	€	85
Individual training session	45 min	€	125
Training to build muscle on a vibration system	30 min	€	85
Underwater bicycle	30 min	€	85
Fitness test with breathing gas analysis	45 min	€	170
Body impedance analysis	30 min	€	75
Metabolic analysis with E-Scan	30 min	€	75
Creation of an individual training programme		€	55
Application of a meditate		€	35
EMS (electrical muscle stimulation)	60 min	€	185
Papimi - ions inductions therapy	15 min	€	60
Yoga	50 min	€	95
Stand up paddeling (seasonal)			

MEDICAL THERAPIES

Colon hydrotherapy	60 min	€	165
Hyperthermia	90 min	€	90
Haematogenic oxidation therapy (HOT)		€	100
Venesection therapy		€	30
Medical Lipo-Laser	45 min		
incl. Individual training session	30 min	€	235
Breath test - fructose/lactose		€	50
ECG at rest		€	90
Hypoxy training (IHHT)		€	105
Medical Laser treatment	15 min	€	35
Intravenous Laser treatment	30 min	€	60

LABORATORY TESTS

Mineral nutrient analysis Phox+M	€	84
Free radicals (FRAS) + biolog. antioxidative potential (BAP)	€	92
Standard lab analysis, incl. hormonal status	€	445
Full blood count	€	145
Cardiovascular risk factors	€	140
Fatty acid analysis	€	90
Urine analysis (in-house)	€	6
Iodine in the urine	€	50

INFUSIONS

Infusions with a range of mineral nutrients and/or vitamin according to medical prescription € 30/110

PRICE LIST FOR COSMETIC TREATMENTS

VIVAMAYR FACIAL TREATMENTS

PHYTOMER - individual skin type treatment	60 min	€	83
	90 min	€	142
PHYTOMER - Anti-aging treatment	90 min	€	155
PHYTOMER - Men special	80 min	€	135
BYONIK - Laser & hyaluronic acid	60 min	€	194
BABOR Mikrodermabrasion (face)	60 min	€	108
BABOR Mikrodermabrasion and ultrasound	90 min	€	160
Ultrasound stand-alone treatment	15 min	€	30
Hollywood TCA Peeling	60 min	€	225
QMS - Deep cleansing treatment	60 min	€	110
QMS - Activator treatment	60 min	€	110
QMS - Collagen rejuvenation	90 min	€	157
QMS - neo tissudermie treatment	90 min	€	160
QMS - pure oxygen treatment	90 min	€	169
Add-on to a facial treatment:			
QMS - lip zone repair	15 min	€	40
Eye reviver	15 min	€	40
QMS Oxygen Concentrator	30 min	€	60

VIVAMAYR BODY TREATMENTS

Sea salt peeling -			
Stand-alone treatment	45 min	€	54
in combination with an algae pack	30 min	€	39
Sea essential marin minceur/algae pack	60 min	€	99
Sea essential cellu activ	60 min	€	104
Cellulite wrap	40 min	€	67
Hot Stone massage	60 min	€	99
Bust & cleavage -			
As part of a treatment		€	40
Stand-alone treatment		€	56

VIVAMAYR HAND & FOOT CARE

Aroma foot care			
Including peeling and massage	60 min	€	55
Aroma hand care			
Including peeling and massage	50 min	€	45
Varnish		€	10
French nails		€	15
Gel varnish		€	40
Gel varnish removal		€	10

VIVAMAYR HAIR SALON

LADIES - Wash/cut/blow-dry			
Long hair	€	80	
Medium length	€	70	
Short	€	60	
Wash/blow-dry			
Long hair	€	60	
Medium length	€	50	
Short	€	40	
Conditioner	€	10	
Mask	€	15	
MEN - Wash/cut/blow-dry	from	€	40
Wash/blow-dry	from	€	25

VIVAMAYR STAND-ALONE & ADD-ON TREATMENTS

Eyelash tint	€	20
Eyebrow tint	€	15
Eyebrow shaping	€	10
Facial massage	30 min	€ 45
Facial lymphatic drainage	30 min	€ 48
Back cleansing	50 min	€ 53
Cosmetic ampoule		€ 10
High-frequency face		€ 15
Head massage	20 min	€ 43
Depilation using hot wax -		
Arms	€	40
Whole leg	€	60
Up to the knee	€	38
Underarms	€	21
Upper lip	€	15
Upper lip and chin	€	20
Back	€	39

VIVAMAYR

— MARIA WÖRTH —

SERVICES / PRICES