

PROGRAM

DISCUSSION CLUB

**"PSYCHOANALYSIS AND EVIDENCE-BASED MEDICINE:
CURRENT ISSUES»**

Date: 12-14 June, 2018

Lovran, Croatia

Organizer:



ИНСТИТУТ
МЕЖДИСЦИПЛИНАРНОЙ
МЕДИЦИНЫ

INSTITUTE OF INTERDISCIPLINARY MEDICINE (IMM)



EULAPS
EURO - LATIN AMERICAN
PSYCHOSOMATICS SCHOOL

EURO-LATIN AMERICAN PSYCHOSOMATIC SCHOOL



ОБЩЕСТВО
ПСИХОАНАЛИТИЧЕСКОЙ
ПСИХОТЕРАПИИ

SOCIETY OF PSYCHOANALYTIC PSYCHOTHERAPY



LOCATION

Villa Astra Hotel

*Viktora Cara Emina 11,
51415 Lovran, Croatia*

Lovran is a small town, that is located on the shore of the Kvarner bay of the Adriatic Sea, at the eastern slope of Uchka Mountain, and is part of the famous Opatija Riviera.



The resort of Lovran is connected to Opatiya who is in only 6 km by pedestrian Lungomare embankment. In 1889, following the decree of the Emperor of Austria-Hungary Franz Josef, Opatija became the only official resort of the empire, where the Hungarian aristocracy lapped under the soft rays of the sun. It was here, in villas drowning among olive and oleander trees. Isadora Duncan, AP Chekhov, Gustav Mahler loved to spend their time. Theodore Bilroth opened his clinic here.

Lovran was named after the laurel - a tree that is rich in local places.

The charming atmosphere of the town is filled with comfort and peace, air-drenched with air, an unusually colorful architecture that leaves an indelible impression.

In Lovran and its picturesque surroundings with lush subtropical vegetation and a very mild climate, there are numerous hotels, villas, apartments, shops and restaurants.

In this really magic place in an environment of emerald greens of the Mediterranean garden elegant Villa Astra is located.

In the early 20th century, the wealthy Italian aristocrat Nicolo Guerra decided to build a small architectural masterpiece in the Venetian Neogothic style - Villa Astra, created by the famous architect Attilio Maguolo. Villa Astra is the official summer residence of the Institute of Interdisciplinary Medicine and is great for relieving stress and acquiring spiritual harmony. Each guest can experience the special energy of this amazing place, plunge into the depths of his soul and be filled with life energy.



Contacts

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"PSYCHOANALYSIS AND EVIDENCE-BASED MEDICINE: CURRENT ISSUES»

Human health and diseases are the subject of research of specialists in various scientific fields and often the views of narrowly focused specialists on the same phenomena contradict each other. In addition, there is an opinion that psychoanalysis is a self-sufficient direction that does not need either criticism or scientific confirmation. Recently published research on the comparison of psychoanalytic concepts with data in the field of modern neurobiology, provide an opportunity to grope the relationship between these areas of knowledge.

The club will be attended by specialists of the highest level – psychoanalysts who are IPA members and clinicians with many years of experience in cooperation with psychoanalysts. All speakers are teachers of Euro-Latin American psychoanalytic psychosomatic school (EULAPS).

The discussion club is unique in the sense that views on the relationship of psychoanalysis and evidence-based medicine will be discussed in an open form.

The objective of the discussion club is to find a common language and ways of interaction between representatives of these specialties.

Participation in the discussion club may be interesting to clinicians - neurologists, psychiatrists, therapists, psychoanalysts, psychoanalysts, psychotherapists working in the psychodynamic approach, clinical psychologists, as well as all those specialists who are interested in this problem.

10:30 – 10:45 Discussion Club Opening. Greeting.



Danilov Alexei – MD, Chief of the Department of Neurology, Moscow

10:45 – 11:15 Psychoanalysis and Evidence Based-Medicine. A controversial relationship.



Juan Rodado Martinez – psychiatrist, MD, psychoanalyst, IPA member, training analyst in the Psychoanalytic Center of Madrid and IFPS, professor of psychiatry at the Department of Psychiatry of the University of Murcia (Spain), head of the counseling department of the Psychiatric Department at the University Hospital Reina-Sofia, Murcia (Spain)

11:15 – 11:45 Discussion

11:45 – 13:00 Lunch

13:00 – 14:30 Visual tools for quality of life assessment.



Michael Dennis Linder – President of the European Society for Dermatology and Psychiatry, Board Member of the Italian Society for Psychosomatic Dermatology and Cofounder/ Vice-President of the International Society for Biopsychosocial Medicine. He obtained a Master of Science Degree in Pure Mathematics from the Swiss Federal Institute of Technology (Zurich). He currently regularly lectures at the Medical University of Graz, where he holds a position as Associate Professor. He has been recently become adjunct Professor at the Ben Gurion University of the Negev, Beer Sheva, Israel. He also serves as a lecturer for residents in Dermatology at the Padua University Medical School. He has been Visiting Professor at Sassari University and has been lecturing regularly from 2010 until 2015 at Université Paris Descartes on Medical Humanities.

14:30 – 15:00 Discussion



13 JUNE 2018

Villa Astra Hotel

10:30 – 11:00 The doctor, the psychoanalyst and the psychosomatic.



Jorge Ulnik – MD, psychoanalyst, IPA member, professor, teacher of the subject "Pathophysiology and Psychosomatic Diseases" at the Psychological Faculty of the University of Buenos Aires, author and teacher of the postgraduate course in Psychosomatics of the Association of Psychoanalysis of Argentina, author of books "Skin in Psychoanalysis" and "Psycho-Soma: Rethinking the Past and Looking into the Future." Psychoanalytic approach "(co-authored with I. Korosteleva).

11:00 – 11:30 Discussion

11:30 – 13:00 Lunch

13:00 – 14:30 Emotions and heart attack. A psychoanalytic unsolved challenge.



Carlos Daniel Tajer - MD, professor, ex- president of the Argentine Cardiology Society, head of the Department of Cardiology at El Cruz Hospital (Buenos Aires, Argentina)

14:30 – 15:00 Discussion

14 JUNE 2018

Villa Astra Hotel

10:30 – 12:00 Presentation of Psychosomatic Psychoanalytic School (EULAPS).

Jorge Ulnik - president of EULAPS. Irina Korosteleva - director of EULAPS Russian division.

12:00 – 12:30 Discussion Club Closing. Closing speech.



Danilov Alexei – MD, Chief of the Department of Neurology, Moscow



Registration fee: 300 €

PART II



Jorge Ulnik – MD, psychoanalyst, IPA member, professor, teacher of the subject "Pathophysiology and Psychosomatic Diseases" at the Psychological Faculty of the University of Buenos Aires, author and teacher of the postgraduate course in Psychosomatics of the Association of Psychoanalysis of Argentina, author of books "Skin in Psychoanalysis" and "Psycho-Soma: Rethinking the Past and Looking into the Future." Psychoanalytic approach "(co-authored with I. Korosteleva).

«The doctor, the psychoanalyst and the psychosomatic»

There is a dimension of human suffering that is difficult to measure and that has to do with the particular way of living and getting sick of each one. A somatic illness -whatever it may be - happens to a singular subject, with a complex history, that moves within a society, in a familiar, objectal and discursive plot that transcends him and determines him. Thus, an "encounter" between the psychic and the somatic takes place, and both are modified one by the other following paths of reciprocal influence. The resultant is a new and more complex unit whose constituent components are heterogeneous, and can not be isolated because the new entity they form is more than the sum of their parts. For this reason, the most important tool for a doctor to approach his patient more successfully is that he can know him deeply as a person. This inevitably leads the doctor to a psychosomatic conception of the disease.



Juan Rodado Martinez – psychiatrist, MD, psychoanalyst, IPA member, training analyst in the Psychoanalytic Center of Madrid and IFPS, professor of psychiatry at the Department of Psychiatry of the University of Murcia (Spain), head of the counseling department of the Psychiatric Department at the University Hospital Reina-Sofia, Murcia (Spain)

«Psychoanalysis and Evidence Based-Medicine. A controversial relationship»

The words "evidence-based" are used to describe lots of things in medicine, healthcare and beyond. "Evidence-based medicine is the conscientious explicit and judicious use of current best evidence in making decisions about the care of individual patients." (Textual words by Sackett et al, 2013). Evidence Based-Medicine try to reduce or eliminate medical variability for two reason: The first one is Universality (that all patients receive the same care wherever they are), and the second one is improve the cost benefit (a economic criteria).

Psychoanalysis is a psychological and human science born at the end of XIX Century by Freus's theory. Since then, there been several pathways to development the postfreudian ideas. But Whats evidence we have in psychoanalysis nowadays? At this time, neuroscience has been able to demonstrate some psychoanalytic nuclear concepts such as the existence of the unconscious, identification, the transference and the re-signification (Nachträglich). But in spite of this, between evidence based-medicine based and psychoanalysis, there will always be a controversial relationship. In this work we will discuss all of this.



Dennis Linder born 1955 in Milan, Italy, a citizen of Austria, obtained a Master of Science Degree in Pure Mathematics from the Swiss Federal Institute of Technology (Zurich), where he also worked for the following 2 years as a research assistant. He studied then Medicine at Innsbruck University and was trained as a dermatologist in the same place, under the supervision of Professor Peter Fritsch. He currently regularly lectures at the Medical University of Graz, where he holds a position as Associate Professor. He has been recently become adjunct Professor at the Ben Gurion University of the Negev, Beer Sheva, Israel.

He also serves as a lecturer for residents in Dermatology at the Padua University Medical School. He has been Visiting Professor at Sassari University and has been lecturing regularly from 2010 until 2015 at Université Paris Descartes on Medical Humanities.

He has been President of the European Society for Dermatology and Psychiatry, Board Member of the Italian Society for Psychosomatic Dermatology and Cofounder/ Vice-President of the International Society for Biopsychosocial Medicine. His interests are focussed on general clinical dermatology, psychodermatology, medical humanities and social aspects of dermatology, dermatoeidemiology, chronic inflammatory diseases and infectious diseases and their comorbidities. He has contributed to the development of an instrument for assessing the burden of psoriasis within the dermatological consultation (Psodisk) as well as of an algorithm for an efficient and practically acceptable screening of comorbidities in psoriasis patients (Psocube). He is section editor of the Journal Acta Dermatovenereologica.

In 2013 he has edited, together with Alexa Kimball, a volume for Karger Publishers (Basel) on Cumulative Life Course Impairment in Dermatology. He is now running a dermatological private practice in Venice and he also currently pursues a research project at Oslo University about life course trajectories in chronic skin disease.

In 2015 he was presented the Herman Musaph Award for Psychodermatology.

An updated list of his publications can be found on the website www.linderma.eu.

«Visual tools for quality of life assessment»

The purpose of the lecture is to present two visual tests ("PRISM" -Pictorial Representation of Illness and Self Measure) that are used in the field of dermatology to better understand the psychological burden caused by chronic skin diseases. Based on the use and results of these psychological tests, the following questions will be discussed: can the use of these or similar tests during a doctor-patient consultation give a visual indication of the psychological burden caused by the disease or perhaps even give a visual impression of the disease itself? Do these tests promote visualization and, consequently, the verbalization of aspects of the disease that have not yet been consciously recognized by the patient? Can they lead to better understanding between the doctor and the patient and allow the doctor to better define the so-called "patient's agenda"?



Carlos Daniel Tajer - MD, professor, ex- president of the Argentine Cardiology Society, head of the Department of Cardiology at El Cruz Hospital (Buenos Aires, Argentina)

«Emotions and heart attack. A psychoanalytic unsolved challenge»

Ischemic heart disease (sudden death, myocardial infarction) is the main cause of death in most of the world. The most aggressive clinical presentations of this disease occurred frequently without any previous symptom. The biological substrate is the acute complication, a local "accident", of an atherosclerotic plaque of the coronary tree. The lumen of one coronary vessels is abruptly interrupted

with dramatic consequences. There is a longstanding popular belief that negative emotions are related to heart attacks, and this has been confirmed in huge series of patients. The investigations have confirmed this in different levels: social negative events (inequities, natural or political catastrophes), cultural (loss of national football team) and personal (negative events in family domain or work). Some complex negative emotions may be the "trigger" of the acute complication. Psychoanalysis explored the emotional substrate of the acute disease many years ago, but the contributions were very weak and mostly forgotten. Luis Chiozza has proposed a new theory to interpret the emotional context and deep understanding of the personal conflict involved, through reconstructions based on the narrative of patients. The extraordinary progress in neuroscience of emotions in the last years has given many biological basis to relate personal conflicts with very specific biological pathways. During the seminar, we will explore the structure of the personal conflict that is found very often in patients with acute myocardial infarction, and the hypothetical biological substrate. The further exploration of this relationship may be performed with a multicentric collaboration effort. A deep understanding of the emotional substrate of this disease may contribute to facilitate the psychological approach to patients during the acute and recovery phases.